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# DIVE INTO THE OASIS SIWA, EGYPT

A MAGICAL PLACE OUTSIDE THE ORDINARY  
INTERCULTURAL & CONSCIOUS TRAVELLING TO NEVER SEEN  
SIGHTS

WITH YOUR HOSTS SAMAH GAYED & BRUNHILDE MAUTHE





# OASIS SIWA

Siwa is magical and mystical and follows its own rhythm.

Being only 50 kilometres away from the Libyan border, Siwa has been isolated for centuries. Since the 1980s, it has been open to tourism, but it remains an insider tip. As a result, Siwa still preserves its pristine, tender, and distinguished ecosystem.

Siwa is also the home of the Amun Ra Temple of the Oracle. The best-known visitor to the oracle is undoubtedly Alexander the Great, who was greeted in Siwa by the chief priest as the “son of the god” (Zeus-Amun). But even before him many pharaohs, kings, and queens sought guidance and prophecies from the priests and priestesses of the Temple who masterfully channelled the Oracular consciousness this temple holds.

And Siwa is the land of the salt lakes, the hot springs, the mountains, the deserts and the fossils – Siwa lies 20 meters below sea level. It is peace and stillness next to the busy life downtown, where you find bars, restaurants, the bazar, stores and more.





# SIWA & ITS SALT LAKES

As mentioned, Siwa is still a hidden jewel and it is the salt lakes that attract the still few tourists. These salt lakes were found after they started mining salt. The water amazes by its turquoise colour next to the bright and shiny white salt. It seems as if snow surrounds the lakes. Just looking at it is spectacular.

It is not only the sight, it is its healing effect, that makes the Siwa Salt so special. Siwa's salt lakes carry one of highest salt densities in the world. With a 95% amount of salt Siwa Salt Lakes have healing properties for skin, eye and sinus conditions. Swimming in Siwa salt lakes has been proven to give an immediate feeling of positivity and change psychological and mental states. In 2017, Siwa Oasis was recognised as a global medical and environmental tourism destination. Being rarely visited, the lakes of Siwa are still unique, pristine, and unspoiled.

*“Salt is the conduit for the healing ancient waters of Siwa to penetrate and recalibrate the water that constitutes 70% of your own body.”*





# SIWA AND WHAT IT HAS TO OFFER

Besides Salt lake bathing Siwa offers many surprises to the visitor:

- Intercultural encounter
- Oracle Temple
- Amun Ra Altar
- Juba spring (“Cleopatra Spring”)
- Hot springs
- Stargazing
- Fossil search on mountain
- Ancient cemetery on Gebel Al Mawta mountain
- Downtown Siwa: explore the local bazar and restaurants
- Desert trip with donkey chariot or a Jeep
- Bahi Eldeen (oasis outside Siwa)
- .... and many more





# SIWA AND SAMAH

Siwa has a lot to offer. Samah as well. She acts as an intercultural holistic operator. The combination of Siwa and Samah will make you experience Siwa in an even more profound and intense way. With her abilities she helps you to integrate the energies and the power of Siwa. For the therapies she has built a special salt chamber supporting her work. You can choose from:

- - Whirling movement
  - Sound massage
  - Pharanoic yoga
  - Crystal therapy
  - Acupressure
  - Art therapy
  - Mediation
  - Cupping
  - Reiki
  - Chanting in the Cavern
  - Egyptian Dance Corses





# ACCOMODATION

You will stay in Siwa in Samah's "Mountain House" and/or the "Garden of Eden" at the foot of the Gabal Dakrur mountain. A sacred mountain.

You can stay at the **Mountain House** and its rooms, a large terrace and the courtyard where you can sleep in tents under the stars.

Or you choose the **Guest House** in the **Garden of Eden** with its natural cold spring pool, a hot spring, date trees and more.

There are single or double rooms with their own bathroom, with a shared bathroom, but also tents with a mosquito net, simple camping tents or a luxury tent.

Who wishes can sleep a night in the **Salt Chamber** to regenerate and cleanse.



# YOUR HOST SAMAH GAYED

She was born in Egypt in 1974. Nevertheless, she spent most of her life in Switzerland, except from 12 till 17 when she lived in Egypt. It was in 2022 when she found her place in the Oasis of Siwa.

A journey to Brazil in 2001 took her on the path of dancing. From then onward her motto became “Dancing the Life with all its Choreographies” and “stay tuned with the rhythm, especially the rhythm of the heart”. As a result of her time in Brazil she founded in 2004 the Egyptian Dance School ISIS OSIRIS which in 2010 became the OneDance Organisation of Lugano. She did national and international Dance Shows and organized many events. Samah is specialized in Egyptian folklore. She teaches it faithfully, in order to keep this Egyptian tradition alive.

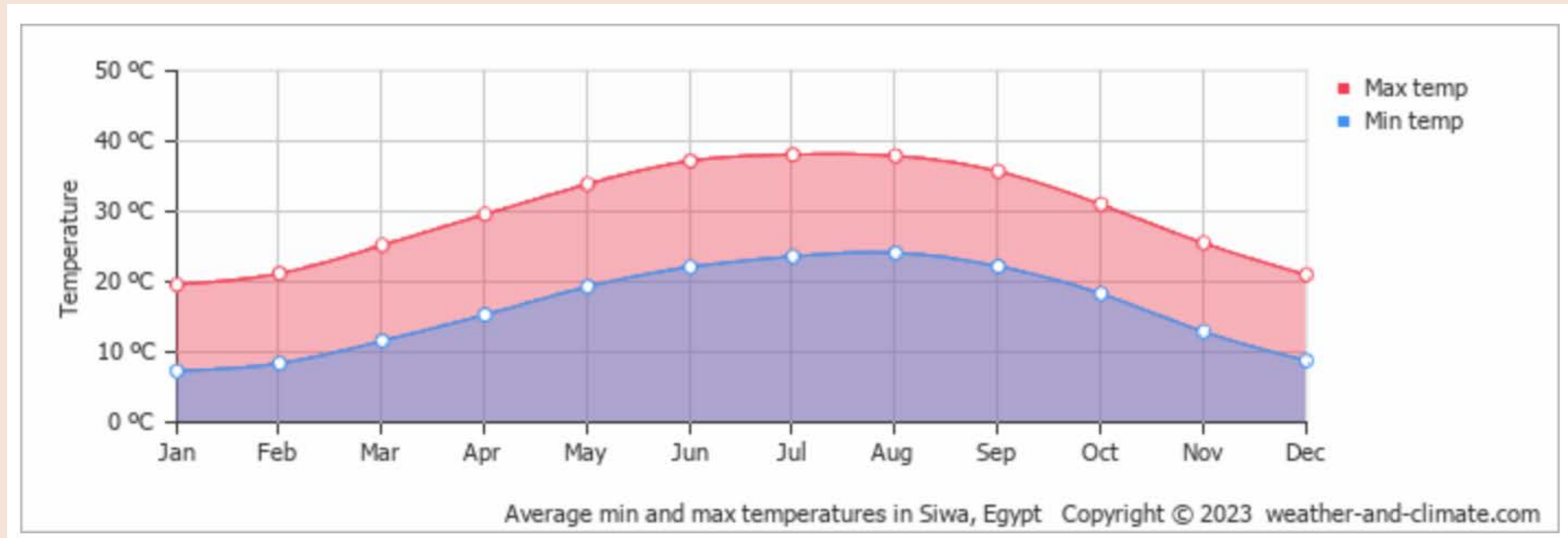
Samah now lives in Siwa, where her heart led her to. During the last two years she has built her “Mountain House” right below the sacred Mountain Gabal Dakrur and the guesthouse in the nearby “Garden of Eden”; a magical place with date trees, a pool with water from her own cold spring, a hot spring, animals and more. Samah’s spaces are full of sacred energy and love and you dive into the true Egyptian spirit. She does various treatments in her salt therapy chamber and has her own association, supporting local families, especially women and children.

Samah has several degrees among which a CAS in International Cooperations and Development from Supsi, Scuola Universitaria Professionale in Lugano Switzerland, a MAS in Intercultural Communication and a Bachelor in Science of Communication, both from USI Università della Svizzera italiana, Lugano. In addition Samah has a certificate as an Intercultural Mediator Interpreter. She also participated in various media collaborations and has worked as a journalist for many years.



# SIWA & ITS CLIMATE

In Siwa Oasis, the summers are long, sweltering, arid, and clear and the winters are cool, dry, and mostly clear. Over the course of the year, the temperature typically varies from 1 C° to 38 C°.





CONTACT

SAMAH GAYED  
SAMAH.GAYED@GMAIL.COM  
WHATSAPP +41 76 3161125  
EGYPT +20 106 7687044

BRUNHILDE MAUTHE  
BMAUTHE@GMX.CH  
+41 79 4031413